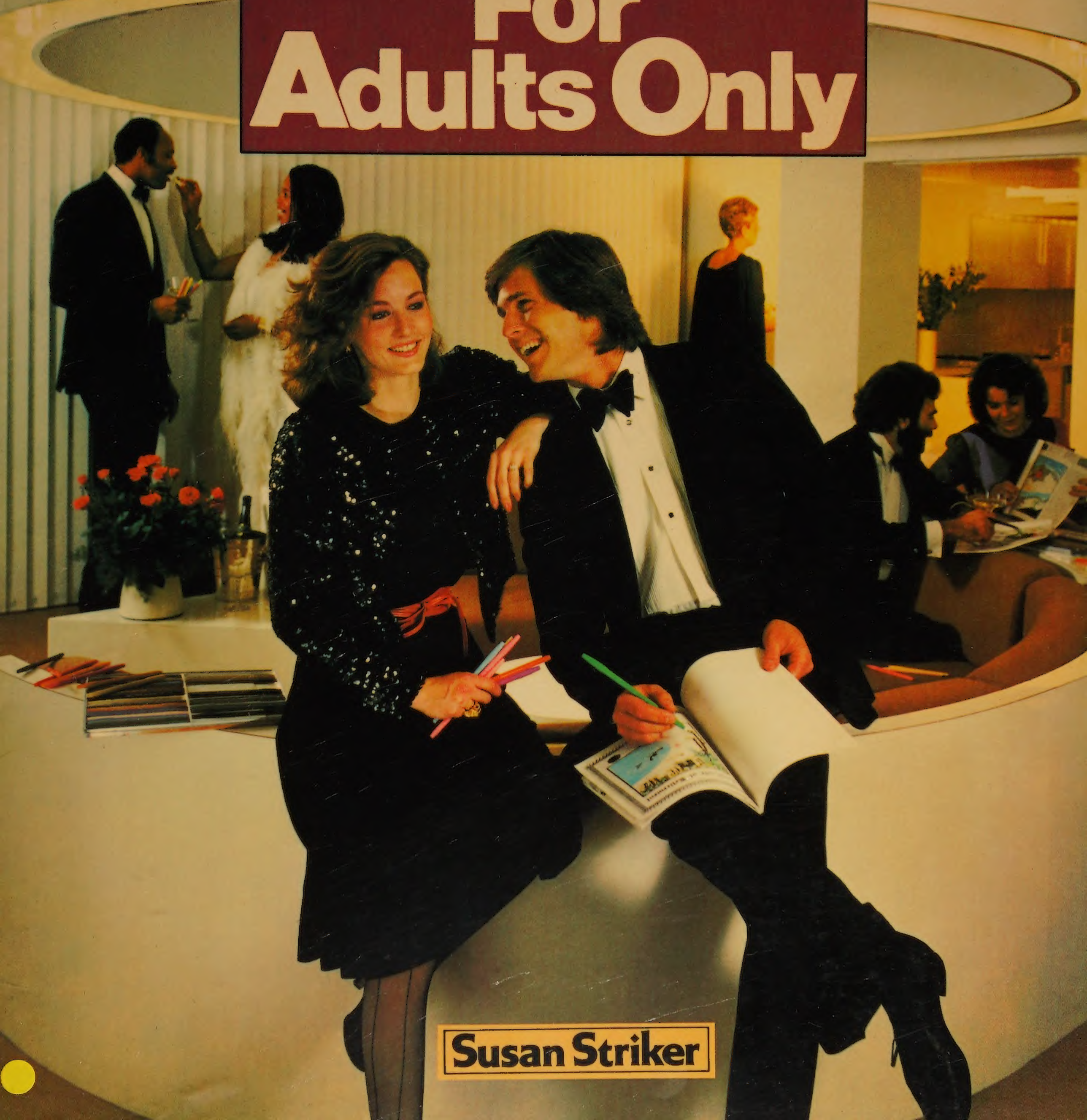
THE ANTI COLORING BOOK®

For Adults Only



Susan Striker



For Adults Only

Also by Susan Striker

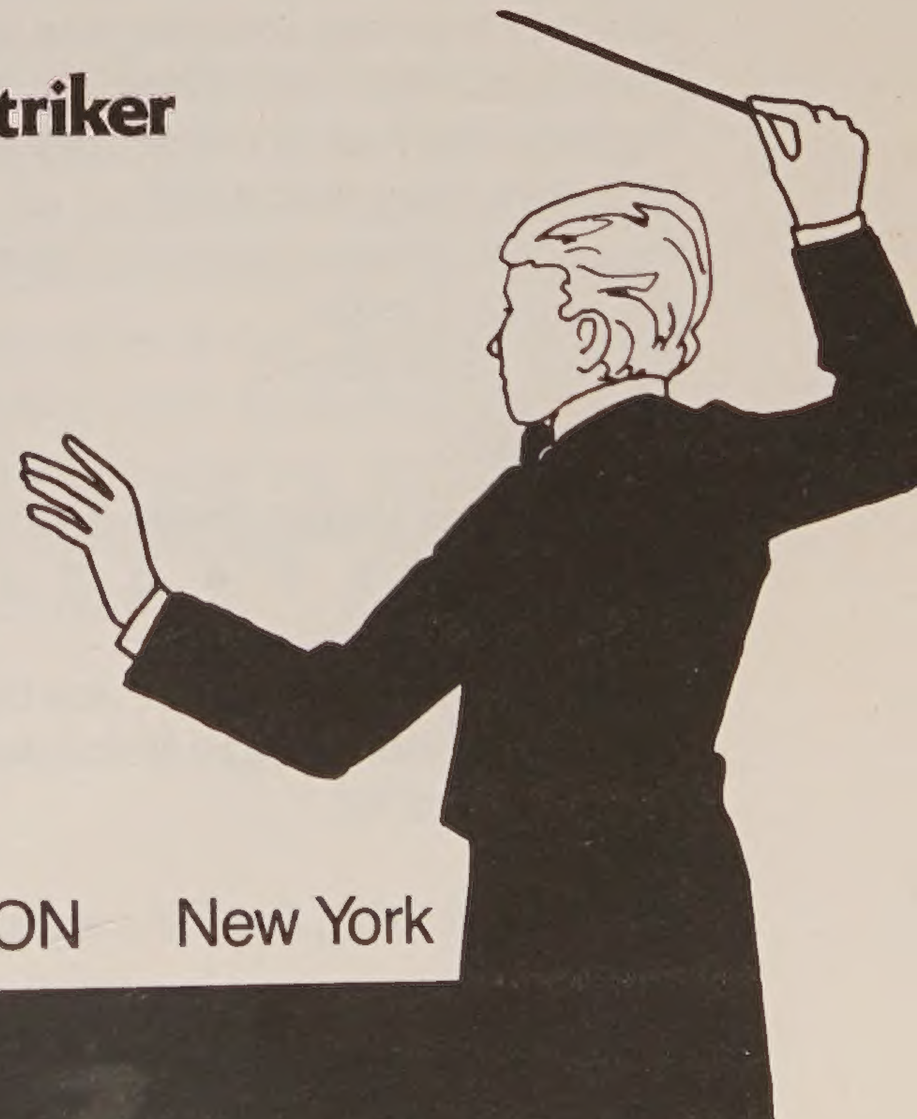
The Anti–Coloring Book® (with Edward Kimmel)
The Second Anti–Coloring Book® (with Edward Kimmel)
The Anti–Coloring Book® of Exploring Space on Earth
The Third Anti–Coloring Book®
The Anti–Coloring Book® of Red-Letter Days
The Fourth Anti–Coloring Book®
The Anti–Coloring Book® of Masterpieces
The Anti–Coloring Calendar™ 1983
The Fifth Anti–Coloring Book®
Build a Better Mousetrap: An Anti–Coloring Book®



THE ANTI COLORING BOOK®

For Adults Only

Susan Striker



An Owl Book

HOLT, RINEHART and WINSTON New York

To Hilda Striker

"What if imagination and art are not frosting at all, but the fountainhead of human experience? What if our logic and science derive from art forms and are fundamentally dependent on them rather than art being merely a decoration for our work when science and logic have produced it?"

—Rollo May,
The Courage to Create

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Illustrations by Brent Brolin, Joe Dyas, Judy Francis, Edward Kimmel, Maggie MacGowan, Susan Striker, and Gamal el-Zoghby.

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ISBN 0-03-058624-0

Introduction

Some of the comments that reviewers and fans of other *Anti–Coloring Books* made in the course of praising the books surprised and disappointed me. "Oh, I wish I could do some of the projects in this book," people often said. When I asked what was preventing them from doing exactly that, they invariably replied: "It's a children's book!"

Unfortunately, many adults think of drawing as a childish activity. It is easy to forget that one can take a *childlike* joy in an activity without being *childish.* As Rhoda Kellogg wrote in *Analyzing Children's Art:*

> The adult may also perceive the distinction between childish behavior, which is immature and limited to youngsters, and childlike behavior, which children and adults share. Painting or drawing that produces simple, basic designs is childlike, not childish. An increasing number of adults are working in art with childlike enjoyment. More adults would seek relaxation in this way if they did not fear criticism based on prejudice against anything that children do.

We should not be overly critical of the quality of the drawings we produce if we enjoyed doing them. Young children understand that perfectly. They can become totally involved in doing a painting and then be happy to throw it away without further thought. Many adults, on the other hand, feel that they have to have a "work of art" to show for their efforts.

You are already an expert in whatever field you have chosen. Don't try to compete with Michelangelo every time you pick up a pencil; he'd probably be terrible at what you do! That doesn't mean that you can't enrich your life by adding art to it. There are even times when an art project can be like a great movie or book, transporting us away from our everyday life so that we can see it from a new perspective. Some people feel that if they never learned the proper technique of "drawing a straight line with a ruler," they must not attempt to draw at all. Of course, measuring and drawing perfect lines are drafting skills that have little to do with art. Art should express something of its creator and carry with it a mark of individuality impossible to achieve in a coloring book or paint-by-number kit.

The Anti–Coloring Book for Adults Only is designed to stimulate fantasy and spark the imagination of adults through more sophisticated themes than the other *Anti–Coloring Books.* The issues, interests, and problems it covers are meant to enable adults to get in touch with their feelings, laugh more about their problems, and enjoy art as they did when they were children. I sincerely hope it will persuade some to give up the preplanned kits and predrawn patterns they have been relying upon for everything from sewing to home improvement projects and get back to the real meaning, and the great fun, art should be. And, perhaps a few hearty souls will gain the courage to try their hand on pages in the children's versions of the *Anti–Coloring Books.*

THE ANTI COLORING BOOK®

For Adults Only



If increased calories made you lose weight,



what would you have for dinner tonight?



If you could see music, what would your favorite song look like?

© Susan Striker

© Susan Striker

If you could go back to the womb
for a while, who or what would
you take with you?


© Susan Striker
What do you think about when you remember your childhood?



What did your ugliest blind date look like?



© Susan Striker

Siren of the Sr. class . . . Roberta Van Rensselaer in Jr. play and Miss L'Arriere in Sr. play . . . member of Art Club . . . charter member and Sec'y. of Rec. Council . . . sold *Patches* in Jr. year . . . Sue was Secretary of her B.B.G.

Likes: straight hair, Clyde II, turtles.

Dislikes: lavender, disliking things.

Goal: to have a prim part in a play.

"Maybelle" is a happy guy and always good for a laugh . . . , member of Boosters, Adv. Bio Club, Service League, golf team, and J.V. basketball team . . . will be remembered for his part in the Senior play.

Likes: swingin' parties, noisy classrooms.

Dislikes: classical poetry, food, fuzz.

Goal: to be a competent physician.



Likes:

Dislikes:

Goal:

How do you want to be remembered in your yearbook?

What does your id look like?

© Susan Striker



You are the first woman president of the United States. What will your first official act be?

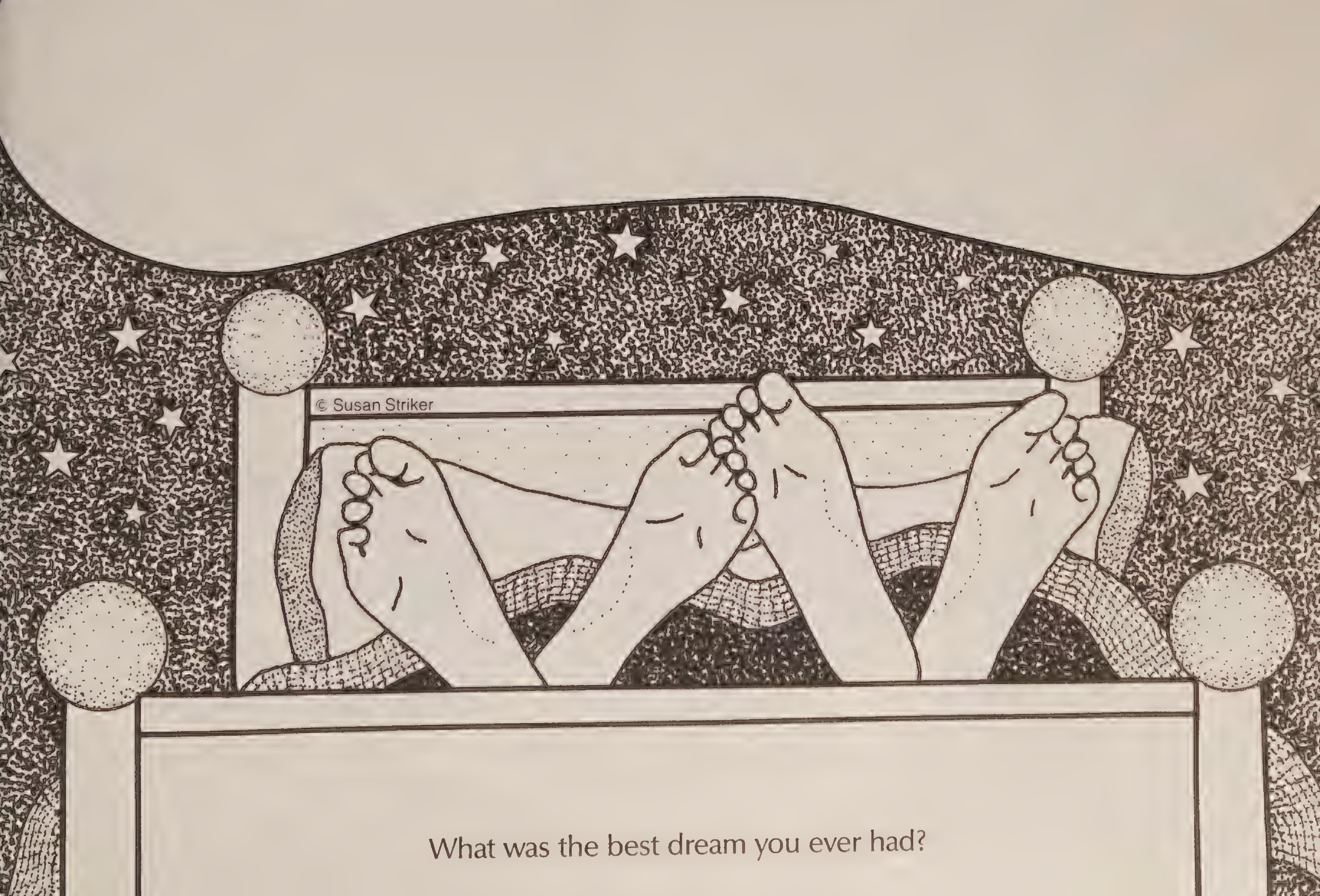
TATTOO PARLOR



If you got a tattoo, what would it look like?

What do you worry about most?

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What was the best dream you ever had?

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CONGRATULATIONS DR. JASON! SUCCESS!!

NIGHT NURSES

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WHAT WOULD YOU LOOK LIKE AFTER A SEX-CHANGE OPERATION?



Where would you like to get away to?



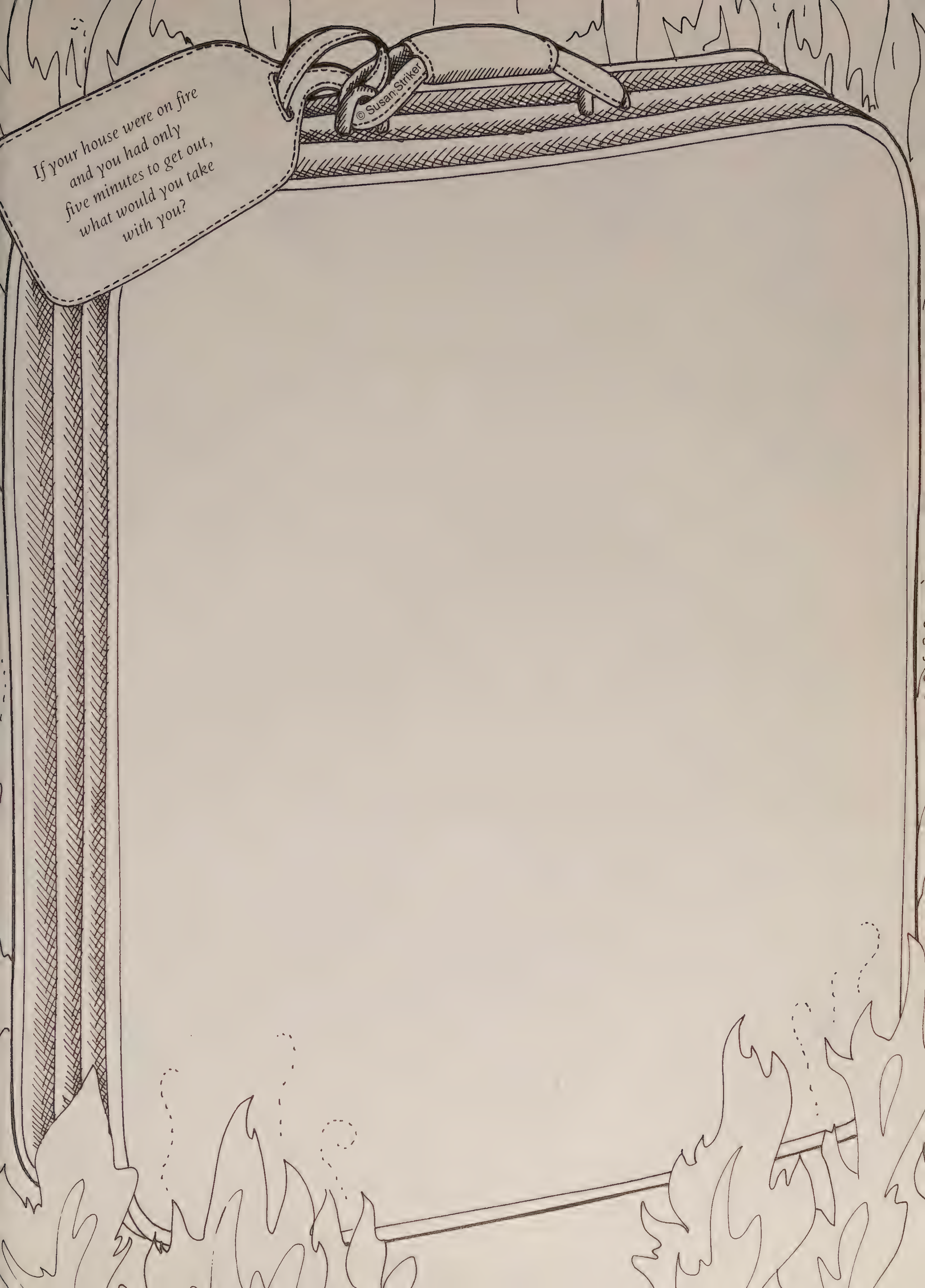
What would you like to tell your spouse that you never had the courage to say?



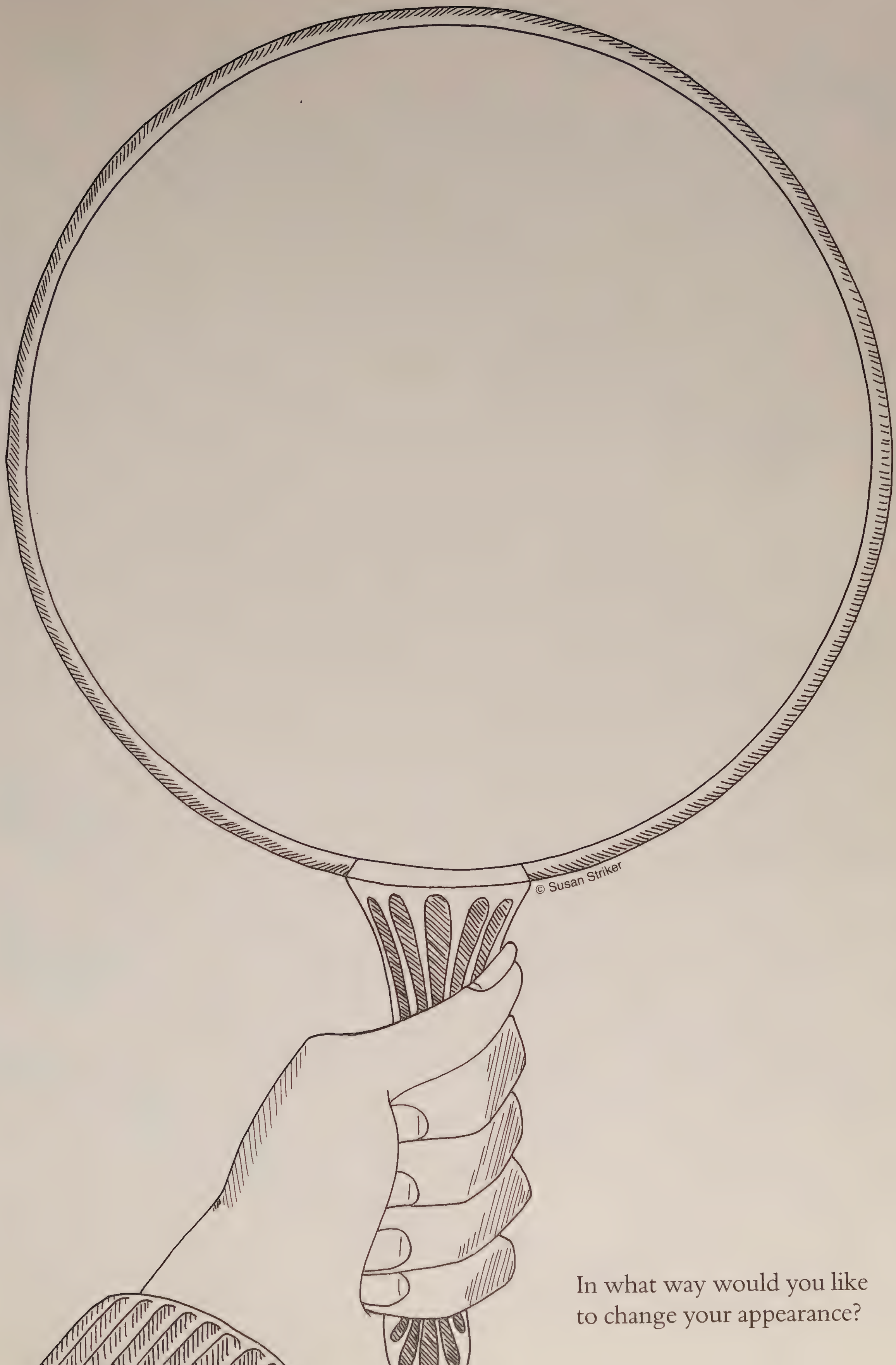
If you could travel to any time
in the past or future,
what period would you choose?



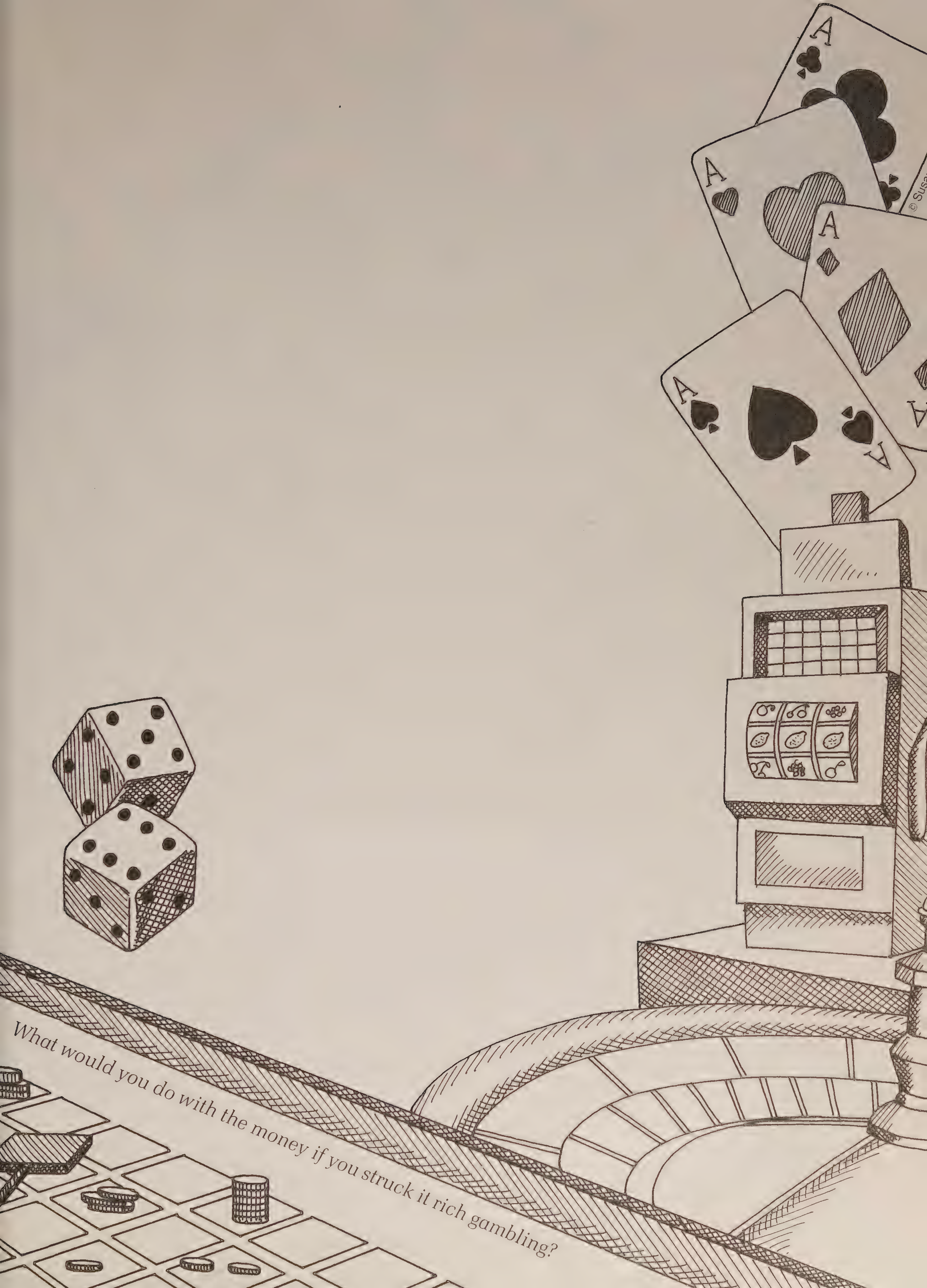
What would you like to tell a shrink?

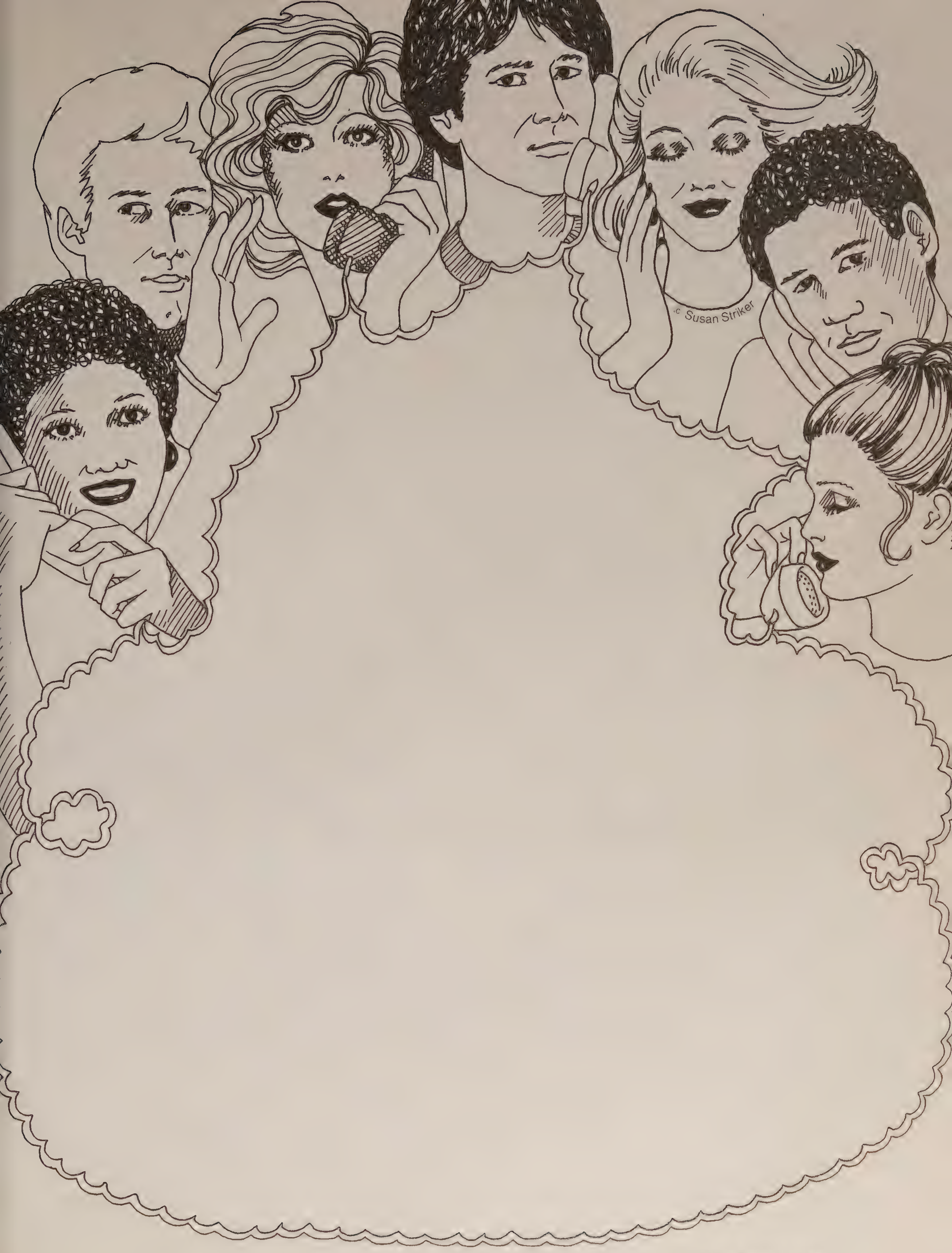

If your house were on fire
and you had only
five minutes to get out,
what would you take
with you?
© Susan Striker


What unexpected event does the gypsy foresee in your immediate future?
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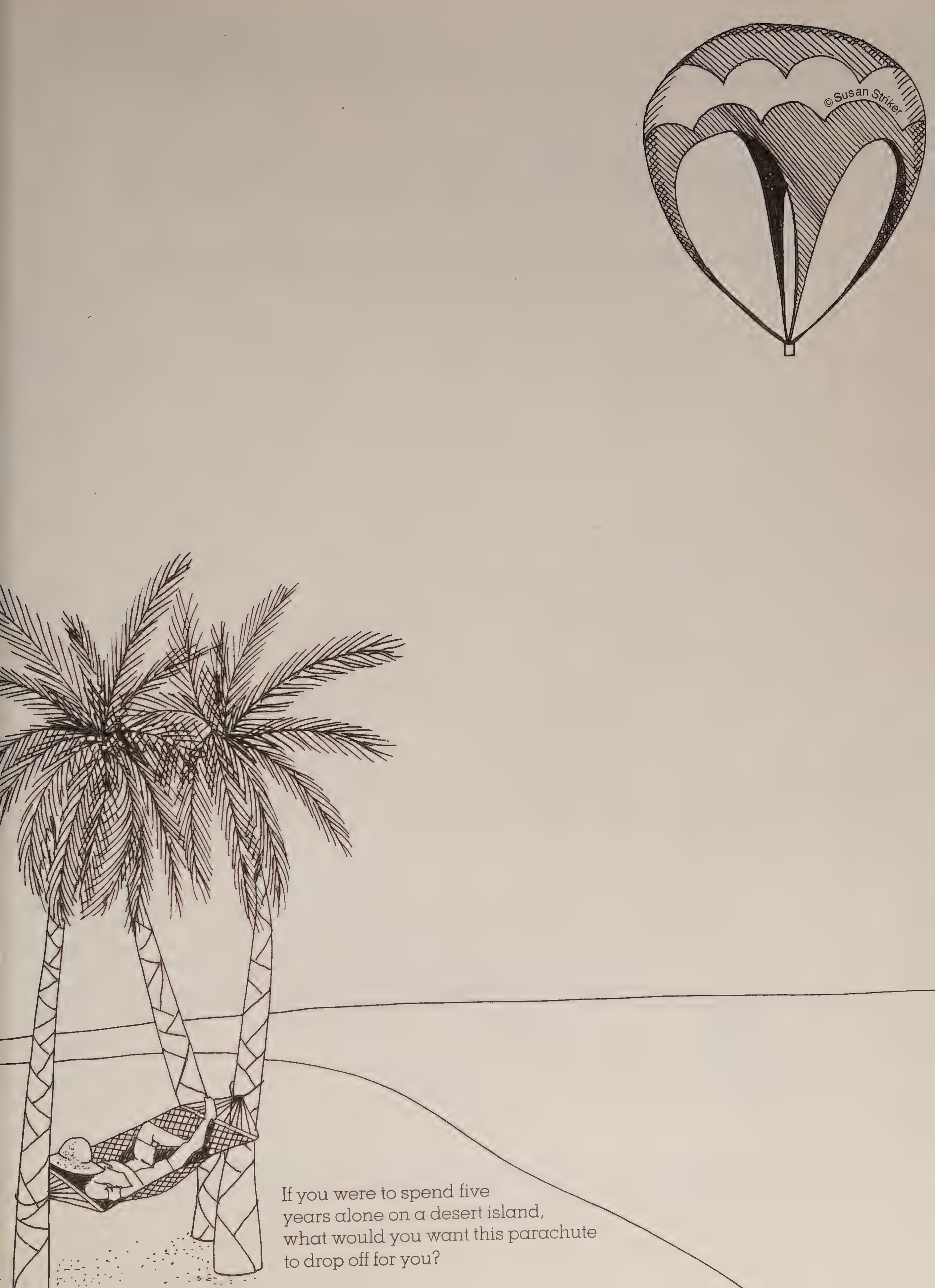


In what way would you like
to change your appearance?


What would you do with the money if you struck it rich gambling?



What do you imagine other people say about you when you're not present?



If you were to spend five
years alone on a desert island,
what would you want this parachute
to drop off for you?

Certificate of Retirement

© Susan Striker

_____

What do you dream of doing after you retire?



When you are old, what will your fondest memory be?



What will be your biggest regret?

SECURITY

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No. 11379

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How will you look when you get old?

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An Owl Book

Do you sometimes find yourself doodling while talking on the phone or attending a meeting? Do you ever yawn at cocktail parties? Have you always known that buried deep inside you is an artist waiting to be freed? Have you asked yourself why should kids have all the fun? If you answer yes to any of these questions, then you need *The Anti–Coloring Book for Adults Only.*

Several years ago millions of children around the world discovered a secret source of unique pleasure—drawing in the fantasy-provoking pages of *Anti–Coloring Books.* Soon parents, teachers, college students, psychologists, and ordinary law-abiding citizens were shamelessly stealing pages from children to fill in themselves. So, to put an end to this unfair temptation, here is an *Anti–Coloring Book* especially designed for grown-ups.

Like the highly acclaimed and bestselling children's books, this adult version inspires you to create your own art rather than color in someone else's. Twenty-nine partial drawings to finish however you'd like allow you to express your feelings about your loved ones, your job, your fantasies, your past and future, your inner self.

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Some comments on the *Anti–Coloring Books*®:

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